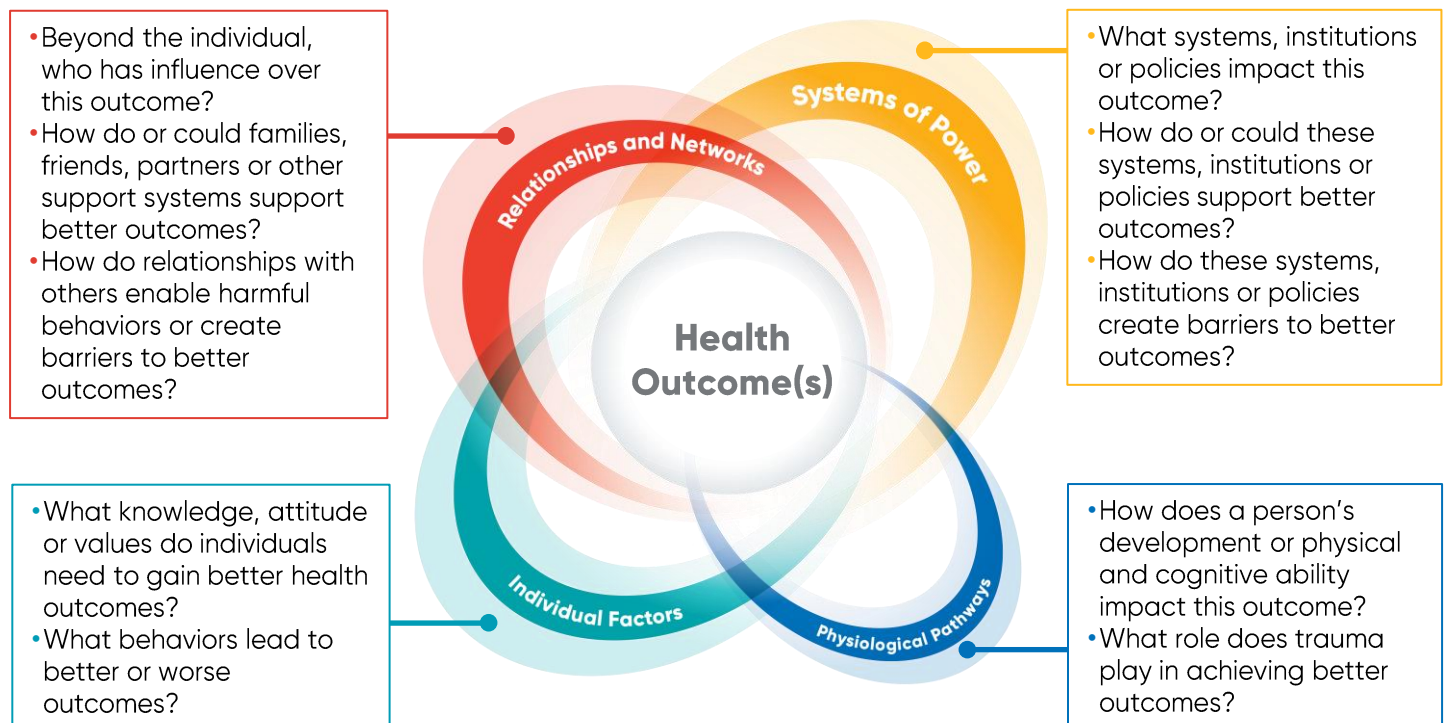# Health Equity Framework: A Reflection Tool

What equity-centered outcome(s) do we want to change?

+ What health inequities exist within our community? Health inequities are systematic and preventable differences in health outcomes closely linked to social, economic and environmental conditions.

+ What outcome(s) have adverse effects on the lives of people within our community?

+ Is our outcome(s) specific enough to identify factors that can be changed?

+ Is our outcome(s) general enough to have a meaningful effect on the community?

What are the factors that influence the outcome(s) we want to change?

- Beyond the individual, who has influence over this outcome?
- How do or could families, friends, partners or other support systems support better outcomes?
- How do relationships with others enable harmful behaviors or create barriers to better outcomes?

- What systems, institutions or policies impact this outcome?
- How do or could these systems, institutions or policies support better outcomes?
- How do these systems, institutions or policies create barriers to better outcomes?

Relationships and Networks

Systems of Power

Health Outcome(s)

Individual Factors

Physiological Pathways

- What knowledge, attitude or values do individuals need to gain better health outcomes?
- What behaviors lead to better or worse outcomes?

- How does a person's development or physical and cognitive ability impact this outcome?
- What role does trauma play in achieving better outcomes?

What strategies will work in our community to change outcome(s) and improve equity?

+ How is the community or our priority population involved in decisions about our strategies?

+ What influencing factors are relevant to people and settings within our community?

+ Which influencing factors are we currently addressing in our community? Which are we not addressing?

+ What strategies are known or believed to be effective in addressing the identified influencing factors?

+ Does the community or priority population find the strategy acceptable or needed?

+ What other organizations are working in this space? What strategies do other organizations engage in that is different but complementary to our work?

+ What resources or funding is available to support new strategies?

+ What are we doing to evaluate strategies we implement?

Find more at etr.org/healthequityframework

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